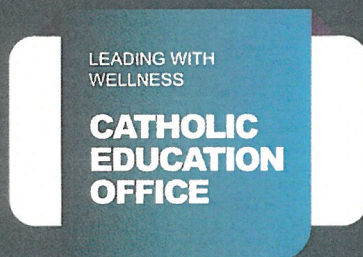
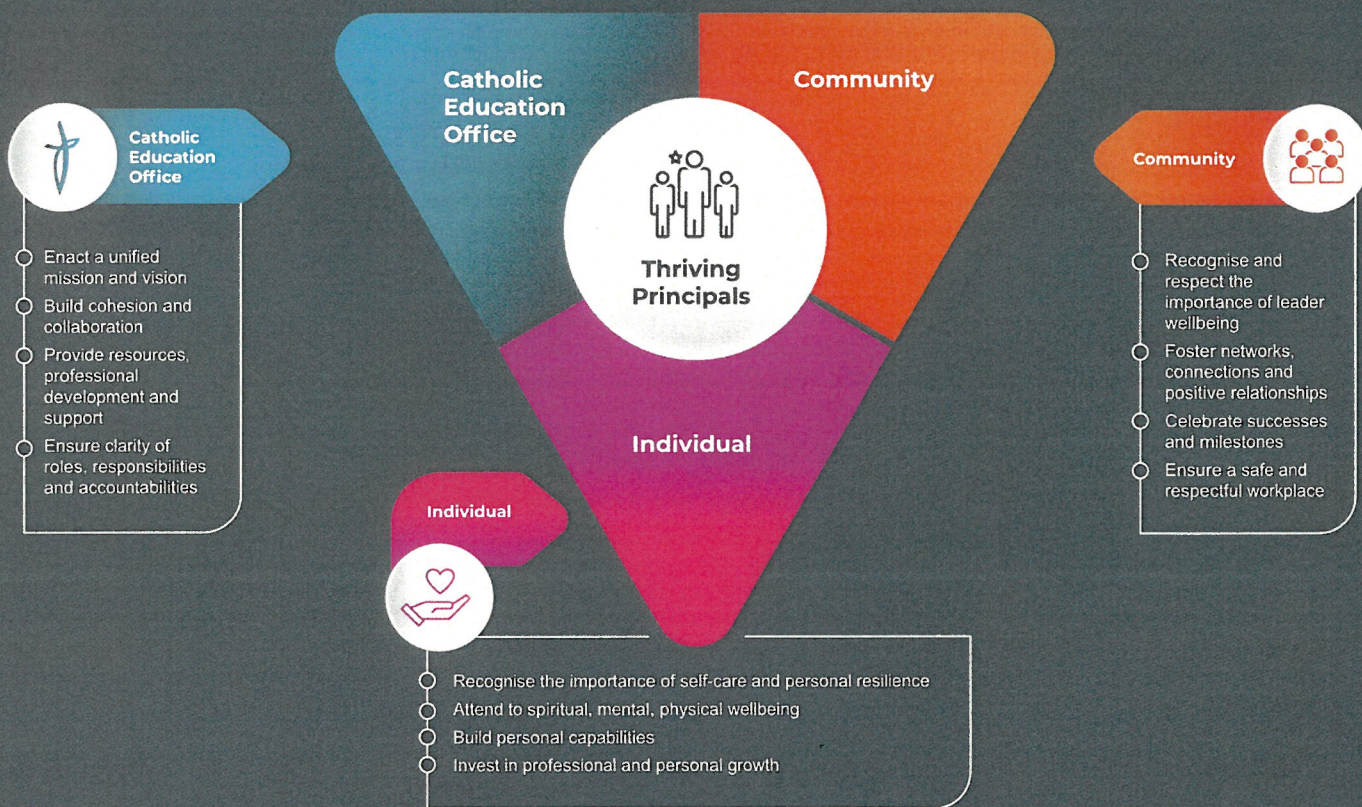


# PRINCIPALS' WELLBEING FRAMEWORK: 'LEADING WITH WELLNESS'



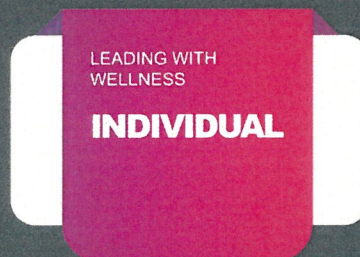
Principals are enabled through services, systems, policies and processes that reflect health and wellbeing principles and practice.

## COMMITMENTS

- Enact a unified mission and vision
- Build cohesion and collaboration
- Provide resources, professional development and support
- Ensure clarity of roles, responsibilities and accountabilities

## PRIORITIES

- Identify opportunities to streamline principal administrative requirements and workload.
- Establish individual and collective support systems, aligned to leadership career stages, school and community contexts.
- Enhance leadership self-care and staff-care through professional learning, resources and supports that build wellbeing awareness, knowledge, skills and positive practice.
- Improve support for principals' physical and psychological safety.



Principals play a key role in their own wellbeing, encouraged to engage in the maintenance of their wellbeing, access suitable resources and have a planned approach to wellbeing.

## COMMITMENTS

- Recognise the importance of self-care and personal resilience
- Attend to spiritual, mental, physical wellbeing
- Build personal capabilities
- Invest in professional and personal growth

## PRIORITIES

- Build wellbeing leadership through individual and collective action and practice.
- Support wellbeing through self-directed strategies aligned to individual needs.
- Foster a culture of self-care and staff-care through wellbeing practice.
- Align system policies, processes and mechanisms reflecting principal expertise and autonomy.



Principals are connected, with wellbeing strengthened through quality collegiate relationships and collaborative partnerships.

## COMMITMENTS

- Recognise and respect the importance of leader wellbeing
- Foster networks, connections and positive relationships
- Celebrate successes and milestones
- Ensure a safe and respectful workplace

## PRIORITIES

- Build a wellbeing community of practice, sharing leadership expertise, fostering connection and collaboration.
- Strengthen networks, enhancing collegiate engagement and learning.
- Enhance principals' connectedness to system information and supports.
- Facilitate stakeholder engagement and partnerships to inform and support wellbeing needs.